

Save
the
Date

June 3-4, 2016



TRY THIS!

Are you working for a healthier West Virginia?
This conference is for you!

Enjoy two idea-packed, inspiring days with like-minded people! Meet folks from all over the state who are doing great things to help their communities. Find out what they're doing. Trade ideas! Join forces! Get inspired, learn, plan your next steps. Recharge your batteries.

Yes, West Virginia tops a lot of "worst" health lists, but we don't have to stay there! One in four WV 11-year-olds now have high blood pressure and cholesterol, according to WVU. That's a prescription for future diabetes and heart problems. We can change that future.

This will be a feast of affordable, do-able ideas.

- **Forty workshops!** From farmers markets and school gardens to bicycling and running programs to school-based health centers and parks
- **Grants up to \$3,000** to help make your idea happen! If three or more people from your community attend and plan as a team, you can apply.
- **Affordable cost!** West Virginia Wesleyan is donating space. Workshop leaders are donating time, so we can keep conference costs down. \$100 (\$75 early bird) for two days. \$30 rooms. Scholarships available.

The Try This conference is a joint project of the WV Healthy Kids and Families Coalition, WV Association of Counties, WV Office of Child Nutrition, WV Food and Farm Coalition, WVU Extension Service, KEYS 4HealthyKids, UniCare, WV Bureau for Public Health, WV Community Development Hub, Main Street WV, West Virginia Wesleyan, the WV Office of Child Nutrition, the Claude Worthington Benedum Foundation, the WV Council of Churches, WV Family Resource Network, Our Children Our Future, WV Farmers Market Association, American Friends Service Committee and many others

Registration and more information at:

www.trythiswv.com/conference

